

NOW DELIVERING WINE AND BOTTLED BEER!



The Oriental  
PAN ASIAN RESTAURANT

## TAKE AWAY MENU



01375 481 268

FREE DELIVERY FOR ORDERS OVER £18  
WITHIN A 3 MILE RADIUS

FLEMING ROAD, CHAFFORD HUNDRED, GRAYS, ESSEX RM16 6HH

## APPETISERS

£

1	COMBINATION CLASSIC PLATTER (FOR 2 PERSONS) CRISPY 'SEAWEED', CAPITAL PORK RIBS, SATAY CHICKEN, VEGETARIAN SPRING ROLLS & SESAME PRAWN TOAST	12.00
2	COMBINATION SEAFOOD PLATTER (FOR 2 PERSONS) CRISPY 'SEAWEED', SATAY PRAWN, SALT & PEPPER SQUID, THAI FISHCAKES & FRIED CRAB CLAW	15.00
3A	CAPITAL RIBS	5.40
3B	LEMON & LIME RIBS	5.40
3C	DRY RIBS	5.40
4	CRISPY WONTONS WITH SWEET & SOUR SAUCE (4 PCS)	3.80
5	SESAME PRAWN TOAST (4 PCS)	5.10
6	GRILLED CHICKEN & VEGETABLE DUMPLINGS (4 PCS)	4.20
7	CRISPY 'SEAWEED' WITH A GROUND FISH TOPPING	3.20
8	BUTTERFLY PRAWN WITH A COCKTAIL DIP (4 PCS)	6.00
9	THAI FISH CAKES WITH SWEET CHILLI DIP (4 PCS)	4.60
10	SMOKED CRISPY CHICKEN SHREDS	5.40
11	FRIED CHICKEN WINGS IN STICKY GARLIC AND CORIANDER SAUCE	4.60
12	JAPANESE TEMPURA PRAWN WITH WASABI DIP (4 PCS)	6.00
13	STEAMED SCALLOPS (IN SHELL) WITH GLASS VERMICELLI WITH GARLIC SPRING ONION & SOYA SAUCE	6.00
14	➤ GRILLED WHOLE TIGER PRAWNS WITH CHILLI & LIME	7.50
15	FRIED CRAB CLAWS STUFFED WITH PRAWNS (2 PCS)	6.00
16	v JAPANESE ASSORTED TEMPURA VEGETABLES WITH WASABI DIP	3.80
17	v CRISPY MINI VEGETARIAN SPRING ROLLS WITH SWEET CHILLI DIP (4 PCS)	3.80
18	VIETNAMESE SPRING ROLLS WITH NUOC CHAM DIP (4 PCS)	4.60
19	v DEEP FRIED SWEETCORN FRITTERS WITH SWEET CHILLI DIP	3.80
20A	PRAWN SATAY SKEWERS WITH NUTTY SAUCE	6.20
20B	CHICKEN SATAY SKEWERS WITH NUTTY SAUCE	5.40

## SALT & PEPPER – WITH GARLIC, SPRING ONION & CHILLI

£

21A	➤ SALT & PEPPER KING PRAWNS	7.80
21B	➤ SALT & PEPPER SQUID	6.20
21C	➤ SALT & PEPPER SOFT SHELL CRAB	5.90
21D	➤ SALT & PEPPER RIBS	5.40
21E	➤ SALT & PEPPER CHICKEN WINGS	4.60
21F	v ➤ SALT & PEPPER TOFU	4.60
21G	v ➤ SALT & PEPPER MUSHROOMS	4.20

## MUSSELS

£

22A	MUSSELS IN XO SAUCE	7.00
22B	➤ MUSSELS IN BLACK BEAN SAUCE	5.40
22C	MUSSELS IN GINGER & SPRING ONION	5.40
22D	➤ MUSSELS IN SEA SPICE	5.40
22E	➤ MUSSELS IN THAI CHILLI SAUCE	5.40

## SOUP

£

23A	➤ TOM YUM KOONG (THAI SPICY PRAWN SOUP)	4.35
23B	➤ TOM YUM GAI (THAI SPICY CHICKEN SOUP)	3.90
23C	v ➤ TOM YUM HED (THAI SPICY MUSHROOM SOUP)	3.60
24A	TOM KA KOONG (THAI COCONUT PRAWN SOUP)	4.35
24B	TOM KA GAI (THAI COCONUT CHICKEN SOUP)	3.90
24C	v TOM KA HED (THAI COCONUT MUSHROOM SOUP)	3.60
25	➤ HOT & SOUR SOUP	3.60
26	CRAB MEAT & SWEETCORN SOUP	3.90
27	CHICKEN & SWEETCORN SOUP	3.60
28	WON TON SOUP	3.90

## LETTUCE WRAPS

£

29A	SEAFOOD MEDLEY LETTUCE WRAP	8.60
29B	CHICKEN LETTUCE WRAP	6.20
29C	v VEGETARIAN LETTUCE WRAP	5.40
30	CRISPY AROMATIC MONGOLIAN LAMB WITH CRISP LETTUCE LEAVES & PLUM SAUCE	9.60



## DUCK - SERVED WITH MANDARIN PANCAKES & HOI SIN SAUCE £

31A	QUARTER CRISPY AROMATIC SZECHUAN DUCK	7.60
31B	HALF CRISPY AROMATIC SZECHUAN DUCK	14.40
31C	WHOLE CRISPY AROMATIC SZECHUAN DUCK	28.80
31D	EXTRA PANCAKES	1.20
31E	EXTRA CUCUMBER & SPRING ONION	1.20
31F	EXTRA HOI SIN SAUCE	1.60

## SALAD - YUM (SPICY THAI SALAD) £

32A	➤ THAI BEEF SALAD	7.00
32B	➤ THAI CHICKEN SALAD	6.20
32C	➤ THAI SEAFOOD SALAD (KING PRAWNS, SCALLOPS MUSSEL & SQUID)	8.20

## ALL COMBINATIONS £

### 1. SELECT YOUR OPTIONS OF MEAT OR VEGETARIAN OPTION

33	KING PRAWNS	8.60
34	SCALLOPS	8.90
35	SQUID	7.80
36	LAMB	6.60
37	BEEF	6.50
38	CHICKEN	5.50
39	ROAST PORK (CHAR SUI)	5.80
40	v VEGETABLES	4.90

### 2. SELECT YOUR OPTION OF SAUCE OR STYLE

A	XO SAUCE *ADDITIONAL £2
B	GREEN PEPPERS & BLACK BEAN SAUCE
C	GINGER & SPRING ONION
D	CASHEW NUTS
E	➤ SZECHUAN STYLE
F	BABY SWEETCORN & CHINESE MUSHROOMS
G	GARLIC MUSHROOM AND CORIANDER
H	CELERY, GREENS AND CHINESE MUSHROOMS
I	CASHEW NUT IN YELLOW BEAN SAUCE
J	BROCCOLI & OYSTER SAUCE
K	➤ SEA SPICE
L	➤ THAI BASIL AND CHILLI
M	➤ KAFFIR LIME LEAVES AND CHILLI
N	➤ THAI CHILLI SAUCE

## KING PRAWNS / SCALLOPS / SQUID £

41	SWEET & SOUR KING PRAWNS HONG KONG STYLE	8.60
42	CRISPY KING PRAWN BALLS WITH SWEET & SOUR SAUCE	8.60
43	➤ KUNG PO' CHILLI KING PRAWNS (CONTAINS NUTS)	8.60
44	STEAMED KING PRAWN WITH GARLIC	8.60
45	➤ SCALLOPS & KING PRAWNS WITH ASPARAGUS IN XO SAUCE	9.40
46	➤ SALT & PEPPER MIXED SEAFOOD (KING PRAWNS, SCALLOPS & SQUID)	9.40
47	STIR FRY MIXED SEAFOOD WITH ASPARAGUS	9.40

## LOBSTER / CRAB £

48	FRESH WHOLE LOBSTER (IN SHELL)	CONTACT RESTAURANT
49	➤ THAI SOFT SHELL CURRY CRAB	8.60

## FISH £

50	TERIYAKI PAN-FRY SALMON FILLET, WITH PAK CHOI AND ORIENTAL MUSHROOMS	10.20
51	➤ DEEP FRIED WHOLE FISH WITH THAI SWEET CHILLI SAUCE AND VEGETABLES	8.60
52	SWEET & SOUR FISH FILLETS HONG KONG STYLE	8.60

## CHICKEN / DUCK £

53	SWEET & SOUR CHICKEN HONG KONG STYLE	5.40
54	FRIED CRISPY CHICKEN IN LEMON SAUCE	5.40
55	CRISPY CHICKEN BALLS WITH SWEET & SOUR SAUCE	5.40
56	➤ KUNG PO' CHILLI CHICKEN (CONTAINS NUTS)	5.40
57	ROASTED DUCK SAUTÉED WITH SWEET GINGER & PINEAPPLE	7.00
58	CHINESE ROAST DUCK (BONELESS)	7.80

## BEEF / LAMB

£

59	➤ BEEF FILLET WITH MERLOT AND BLACK PEPPERCORN SAUCE	7.80
60	BEEF FILLET CANTONESE STYLE	7.80
61	➤ CRISPY BEEF SHREDS WITH CHILLI & CARROTS	6.80
62	STIR FRY BEEF PENANG	6.20
63	STIR FRY LAMB PENANG	6.60

## PORK

£

64	➤ SALT & PEPPER PORK CHOPS	5.40
65	PORK CHOPS CANTONESE STYLE	5.40
66	SWEET & SOUR PORK HONG KONG STYLE	5.40
67	PAPER WRAPPED PORK CHOPS	6.20
68	ROAST CHAR SUI	6.20

## CURRIES

£

69	KING PRAWN	8.60
70	FISH	8.60
71	SQUID	7.80
72	LAMB	7.50
73	BEEF	7.00
74	CHICKEN	6.20
75	VEGETARIAN	5.40
A	➤ THE ORIENTAL CURRY (CHOOSE FROM THE ABOVE CHOICES)	
B	➤ THAI GREEN CURRY (CHOOSE FROM THE ABOVE CHOICES)	
C	➤ THAI RED CURRY (CHOOSE FROM THE ABOVE CHOICES)	

## TOFU (BEANCURD)

£

76	v STIR FRIED FRESH TOFU, PAK CHOI AND THREE STYLE MUSHROOMS WITH CASHEW NUTS	5.40
87	➤ MA-PO BRAISED TOFU WITH MINCED PORK & CHILLI	5.40
88	v BRAISED TOFU WITH CHINESE MUSHROOMS & BAMBOO SHOOTS	5.40
89	v➤ BRAISED AUBERGINE & TOFU WITH CHILLI BEAN SAUCE	5.40

## VEGETABLES

£

90	v 'TODAYS CHOICE' OF CHINESE VEGETABLES WITH GARLIC	6.00
91	v BRAISED 'BUDDHIST MONKS' VEGETABLES WITH CHINESE MUSHROOMS, BAMBOOSHOTS, BABY SWEET CORN & CLOUD EAR	5.40
92	SAUTÉED SUGAR SNAP, BABY CORN & OYSTER MUSHROOM IN OYSTER SAUCE	5.40
93	v➤ STIR FRY SEA SPICE BROCCOLI	5.40
94	v STIR FRY BROCCOLI WITH GARLIC	4.60
95	v STIR FRY BROCCOLI WITH MUSHROOM MEDLEY	4.60
96	v STIR FRY MIX VEGETABLES	4.60
97	v STIR FRY MUSHROOM WITH GARLIC	3.80

## FRIED RICE

£

98	MIXED SEAFOOD	6.40
99	KING PRAWNS	6.20
100	BEEF	5.20
101	CHICKEN	5.20
102	ROAST PORK	5.20
103	v MIXED VEGETABLE	4.60
A	v FRIED RICE (CHOOSE FROM THE ABOVE OPTIONS)	
B	v FRIED RICE WITH CHILLI, GARLIC AND ONIONS (CHOOSE FROM THE ABOVE OPTIONS) *ADDITIONAL 50P	
104	'YUNG CHOW' FRIED RICE (SPECIAL)	5.40
105	➤ SINGAPORE FRIED RICE	5.40
106	v PINEAPPLE FRIED RICE	4.60
107	v THAI COCONUT RICE	3.80
108	FRIED RICE WITH EGG	3.60
109	v FRAGRANT STEAMED RICE	2.80



## NOODLES (THIN NOODLES)

£

110	MIXED SEAFOOD NOODLES	6.40
111	KING PRAWNS NOODLES	6.20
112	BEEF NOODLES	5.20
113	CHICKEN NOODLES	5.20
114	ROAST PORK NOODLES	5.20
115 v	MIXED VEGETABLE NOODLES	4.60
116 ↗	PAD THAI NOODLES WITH CHICKEN AND PRAWN (CONTAINS NUTS)	6.20
117 ↗	SINGAPORE VERMICELLI	5.40
118	'THE ORIENTAL' SPECIAL NOODLES (MIXED SEAFOOD & MEAT WITH VEGETABLES, COOKED IN A LIGHT SAUCE & PLACED ON A CRISPY NOODLE BASE)	6.20
119 v	NOODLES & BEANSPOUTS	3.80

## EXTRAS

£

200	CHIPS	2.00
201 ↗	THE ORIENTAL CURRY SAUCE	1.60
202 ↗	THAI GREEN CURRY SAUCE	1.60
203 ↗	THAI RED CURRY SAUCE	1.60
204	SWEET & SOUR SAUCE	1.60
205	BBQ	1.60
206	SATAY	1.60
207	SOY SAUCE WITH FRESH CHILLI	1.60
208	CHILLI OIL	1.20
209	THAI PRAWN CRACKERS	1.60
	BOTTLE SOFT DRINK - 175ML	2.30
	WHITE WINE - 750ML	11.00
	RED WINE - 750ML	11.00
	TIGER BEER - 330ML	3.00
	TSING TAO - 330ML	3.00

## THE ORIENTAL SET MENUS - MINIMUM 2 PERSONS

### SET A - THE ORIENTAL CLASSIC FOR TWO PERSONS

CHICKEN & SWEETCORN SOUP

CAPITAL RIBS

CRISPY WON TONS WITH SWEET & SOUR DIP

SWEET & SOUR CHICKEN HONG KONG STYLE

BEEF WITH GREEN PEPPERS & BLACK BEAN SAUCE

STIR FRIED MIXED VEGETABLES

EGG FRIED RICE

£25.60

ADD £12.80 THERE AFTER

### SET B - THE ORIENTAL EASTERN DELIGHT FOR TWO PERSONS

COMBINATION CLASSIC PLATTER (FOR 2 PERSONS)  
CRISPY 'SEAWEED', CAPITAL PORK RIBS, SATAY CHICKEN,  
VEGETARIAN SPRING ROLLS & SESAME PRAWN TOAST

CRISPY AROMATIC DUCK WITH MANDARIN PANCAKES & PLUM SAUCE

CRISPY BEEF SHREDS WITH CHILLI & CARROTS

SIZZLING CHICKEN WITH PEPPERS IN BLACK BEAN SAUCE

SAUTÉED SUGAR SNAP, BABY CORN & OYSTER MUSHROOM (IN OYSTER  
SAUCE)

£36.80

'YUNG CHOW' FRIED RICE (SPECIAL)

ADD £18.40 THERE AFTER

### SET C - THE ORIENTAL EASTERN PROMISE FOR TWO PERSONS

COMBINATION PLATTER (FOR 2 PERSONS)  
CRISPY 'SEAWEED', SMOKED CHICKEN SHREDS,  
VIETNAMESE SPRING ROLLS, SATAY KING PRAWN & THAI FISH CAKES

CRISPY AROMATIC DUCK WITH MANDARIN PANCAKES & PLUM SAUCE  
OR  
MONGOLIAN LAMB LETTUCE WRAP

DEEP FRIED FISH WITH THAI SWEET CHILLI SAUCE AND VEGETABLES

WOK- SEARED CHICKEN WITH THAI BASIL AND CHILLI

THE ORIENTAL BEEF CURRY

STIR FRY SEA SPICE BROCCOLI

£41.60

SINGAPORE VERMICELLI NOODLE

ADD £20.80 THERE AFTER

THE ORIENTAL PAN ASIAN RESTAURANT EXTENDS THEIR SERVICES TO PROVIDE A TAKE AWAY OPTION SO THAT YOU CAN CONTINUE TO ENJOY OUR DELICIOUS FOOD IN THE COMFORT OF YOUR OWN HOME AND CONVENIENCE.

YOUR TAKE AWAY WILL BE PREPARED IN THE SAME WAY AS WE PREPARE OUR RESTAURANT DISHES WHICH MEANS THE INGREDIENTS USED ARE OF HIGH QUALITY AND FRESHNESS.

PLEASE NOTE THAT OUR FOOD IS PREPARED IN AN ENVIRONMENT THAT CONTAINS NUTS, EGG AND FLOUR.

IF YOU HAVE ANY FOOD ALLERGIES, PLEASE ADVISE US AT THE TIME OF MAKING YOUR ORDER.

PLEASE LET US KNOW IF YOU WISH TO CHANGE THE CHOICE OF INGREDIENT IN OUR DISHES. PLEASE NOTE THAT THIS MAY INCUR AN ADDITIONAL CHARGE.

WE OFFER A FREE DELIVERY SERVICE ON ORDER OVER £18 WITHIN A 3 MILE RADIUS (CHARGES MAY APPLY IF OVER).

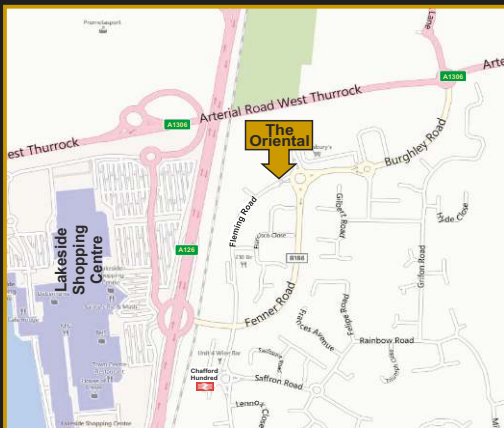
ALL PRICES INCLUSIVE OF VAT. CHEQUES ARE NOT ACCEPTED.

ALL CARD PAYMENTS WILL INCUR A HANDLING CHARGE.

\* - HOT OR SPICY      V - SUITABLE FOR VEGETARIAN  
\* - ADDED SPICE - 20 PENCE EXTRA PER DISH

### TAKE AWAY AVAILABLE

MON - SAT 6PM - 10:30PM  
SUN 6PM - 10PM



THE ORIENTAL PAN ASIAN IS A FAMILY RUN RESTAURANT, BRINGING YOU GOOD QUALITY FOOD MADE FROM THE FRESHEST INGREDIENTS, ALONG WITH EXCEPTIONAL SERVICE AND HOSPITALITY.

THE RESTAURANT SEATS 120, ALONG WITH A SEPARATE LICENSED BAR AREA. WE ALSO CATER FOR CELEBRATORY OCCASIONS, BUSINESS LUNCHESS AND PRIVATE FUNCTIONS.

- \* PRIVATE CUSTOMER CAR PARK
- \* DISABLED ACCESS
- \* CHILD FRIENDLY

THE RESTAURANT IS OPEN 7 DAYS A WEEK OFFERING A SPECIAL 2 COURSE LUNCH MENU STARTING FROM £7.95

FOR UP-TO-DATE INFORMATION, PLEASE VISIT OUR WEBSITE

[www.theorientalpanasian.com](http://www.theorientalpanasian.com) [follow us](#) [twitter](#) [find us on](#) [facebook](#)

WE LOOK FORWARD TO WELCOMING YOU SOON

